

Helession

To Save Our Nutrition's Heritage

The Helession Organization is a company which aims to save, conserve and spread our biodiversity and food heritage. It discovered in the mountains of Central Greece very old native vine varieties. After many years of research, he revived the ancient Greek wine, obtaining a patent for innovation. He also cultivates organic rice in a natural way in the "NATURA" area of the Spercheios River in Central Greece.

The advantages of the Helession's products are:

- Innovative, invention with patent.
- Natural and Organic (EU certification).
- USDA certified. Of the few wines that in the US are considered completely organic.
- Unfiltered, unheated, full of Mother Earth's natural aromas.
- Live, full of probiotics, native yeasts etc.
- Rich in polyphenols, which have been proven to be a strong shield for health.
- Vegetarian and Vegan.
- Free of gluten, lactose, cholesterol, caffeine etc.
- No preservatives added (sulfites, etc.).
- No chemicals, perfumes, flavors added.
- No salt added.
- No sugar added.
- Greek local production (100%).
- With Ancient Greek (Hellas) patterns for wines.

The products of Helession Organization:

- 1. Akratos Oenos (wine) with natural winemaking. No sulfites added.
- 2. Hedylli[®], grape dewdrop (water and other trace elements of grapes).
- 3. VeganHoney®, natural grape syrup, herbal "honey".
- 4. Ancient Greek wine (Kekramenos Oenos).
- 5. Oenostagma[®], distillate of wine.
- 6. Spercheios rice, rice flour and rice cakes.
- 7. Ryzes[®], native wild rice of natural cultivation.

Please <u>click here</u> to see them on our web site.

PRODUCTS

1. Akratos Oenos (wine) with natural winemaking

Our ancestors had two types of wine. The akratos oenos, which could be preserved for years without chemicals (sulfites) and the kekramenos oenos which they drank. The kekramenos oenos was called wine.

The high in alcohol organic '**akratos oenos'** by Helession has been made by red, natural vinification with wild/native yeast. No sulfites, taste additives or colors have been added. It has undergone neither protein precipitation nor filtering!

Thus almost all polyphenols (luteolin, resveratrol, OPC) have passed into the wine body. Therefore, it forms part of the Mediterranean diet and of French paradox. <u>Helession's products from grape proved to be</u> <u>a very strong shield of health</u>.

Please <u>click here</u> to see more information.

Photos:

Red Dry 2011:

https://www.helession.com/wp-content/uploads/2015/08/BIO-11-02-etc_2014-256.jpg

Melichios® 2013:

https://www.helession.com/wp-content/uploads/2015/08/BIO-13-02-etc 2014-256.jpg

Roditis Fox 2016:

https://www.helession.com/wp-content/uploads/2017/08/BIO-16-02-etc_2017-256.jpg Nightelios®:

https://www.helession.com/wp-content/uploads/2019/01/BIO-16-51etc_2017-256.jpg

2. Hedylli®, Dewdrop of Fresh Organic (BIO) Grapes

Hedylli is very pleasant and delicious organic beverage that aids the immune system accelerates digestion and assimilation of food, facilitates the body to produce energy and restores the natural micro flora to the skin and to the digestive system. It gives natural health to the human body.

Hedylli is produced 100% from fresh organic grape's juice and it is unheated and unfiltered. It is free of alcohol, calories, sugar, preservatives, flavor additives, chemicals and colors. It is 99% water without salts!

Please see more information:

https://www.helession.com/revolution-in-diet-brings-the-hedylli/?lang=en https://www.helession.com/product/hedylli_500_en/?lang=en

Photos:

https://www.helession.com/wp-content/uploads/2015/08/BIO-E13-2-etc_2014-256.jpg https://www.helession.com/wp-content/uploads/2016/09/BIO-E16-02_plaisio-256.jpg https://www.helession.com/wp-content/uploads/2017/09/BIO-E16-2_F-E-256.jpg

3. VeganHoney[®], Vegan Herbal "Honey" from 100% Grape

It is made from fresh organic grape juice, by removing water at low temperature and is 65° Brix (condensed - "bound syrup"). No added sulfates, preservatives, chemicals. It is warm, unfiltered and unfermented. Free of alcohol and chemicals!

VeganHoney does not contain sugar, lactose, colors, added flavors, cholesterol, gluten, caffeine, alcohols or chemicals!

Contains phenols, polyphenols (luteolin, resveratrol, OPC etc.), malic acid, 11 trace elements, 19 vitamins, 18 amino acids, Ω 3 and Ω 6 fatty acids, all of nature's nutrients! <u>Click here</u> for more details on the nutrients.

Please <u>click here</u> to see more information.

Photos:

https://www.helession.com/wp-content/uploads/2020/06/BIO-ST-02_Stafylomelo_250_FE_2019.jpg https://www.helession.com/wp-content/uploads/2015/07/BIO-S13-2_FIALIETC2015-256.jpg https://www.helession.com/wp-content/uploads/2016/12/20161030_155438-637x751.jpg

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4. Kekramenos Oenos (Wine)

Helession's Akratos Oenos, when mixed with Hedylli, gives us Kekramenos Oenos, what we call wine nowadays.

By using Hedylli and VeganHoney, every friend of wine can create his/her wine, as strong and as sweet as he/she wants it!

Akratos Oenos + Hedylli = Wine (Kekramenos Oenos)

As light as you want the wine with Hedylli

As sweet as you want the wine with VeganHoney!

After 35 years of research, the Community of Helession revived Ancient Greek Oenos, and created four magnificent, innovative products that over succumb the demands of biological farming, they have no sulfite preservatives, they are tasty, and they are preserved and ameliorated through the years!

Please click here to see more information.

Photos:

https://www.helession.com/wp-content/uploads/2015/09/BIO-K11-02_2F-300.jpg https://www.helession.com/wp-content/uploads/2015/09/BIO-K1113_3F-300.jpg

5. Oenostagma[®], Distillate of Natural Akratos Oenos, 40% vol.

It is a distillate of 2 years natural wine akratos oenos (without added sulfites). It approaches the taste of very good alcoholic beverages (cognac, whiskey etc.) but without the side effects of the toxic alcohols they contain. Oenostagma contains 99.9% ethyl alcohol because it comes from wine, compatible with the human body.

Please see more information:

https://www.helession.com/oenostagma-the-soul-of-our-soul/?lang=en

https://helession.com/wp-content/uploads/2016/01/Oinostagma_2015-300.jpg

Photos:

https://www.helession.com/wp-content/uploads/2021/03/BIO-O15-1etc_2017-256.jpg https://www.helession.com/wp-content/uploads/2016/12/Oenostagma2015_500_2016-12-14_background1.jpg

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6. Spercheios Rice

Spercheios organic (BIO) Rice is a local variety cultivated product in the "NATURA" area of river Spercheios (Central Greece).

It was cultivated without the use of toxic pesticides, herbicides and chemical fertilizers, in alliance with nature and with the use of active microorganisms. It is one of the few crops that help in the fertility of saline soils and in the preservation of the ecosystem of wetlands.

Other products that are made of this rice are Rice Flour and Rice Cakes.

Please <u>click here</u> to see more information.

Photos:

https://www.helession.com/wp-content/uploads/2020/09/Spercheios_Rice_Products_2020_256.jpg

https://www.helession.com/wp-content/uploads/2020/06/BIO-RI-

41_256A_Rice_Spercheios_White_EF.jpg

https://www.helession.com/wp-content/uploads/2020/06/BIO-RI-31 256A Rice Spercheios Brown EF.jpg

https://www.helession.com/wp-content/uploads/2020/06/BIO-RI-21_256A_Rice_Spercheios_Yellow_EF.jpg

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7. "Ryzes"®, Rice of natural farming

The organic (BIO) rice "Ryzes" of Helession is a product of natural farming of a local variety in the plains of Central Hellas (Greece).

"Ryzes" was cultivated without the use of pesticides, herbicides and chemical fertilizers, in alliance with nature and with the use of active microorganisms.

It was cultivated in the "NATURA" area of river Spercheios and is one of the few crops that help in the fertility of saline soil and the preservation of wetland ecosystem.

Please <u>click here</u> to see more information.

Photos:

https://www.helession.com/wp-content/uploads/2020/06/BIO-RI-01_256A_Ryzes_Wild_EF.jpg https://www.helession.com/wp-content/uploads/2017/08/BIO-R16-01-etc_2017-256.jpg

Yours sincerely, Emmi Panousi General Manager <u>https://www.helession.com</u>